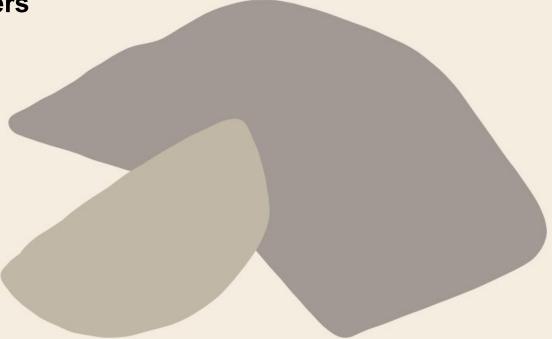
# Healing-Centered Community Development

**Enterprise Community Partners** 

Culture, Creativity & Healing Team



## Check-in

### Please drop in the chat:

- Name
- Where you are tuning in from
- How are you caring for yourself today?

## **Overview**

- Our Healing Story
- Why Healing-Centered Community Development (HCCD)
- How We Define Healing-Centered
- What is the HCCD Framework
- Our Philosophy of Impact
- Our Offerings
- Project Tools
- How to Get Started

## Speakers



**Brandon C. Jones** 

Cultural Resilience Program Director, Northern California



**Chandra Christmas-Rouse** 

Program Officer, Chicago



Meghan Venable-Thomas

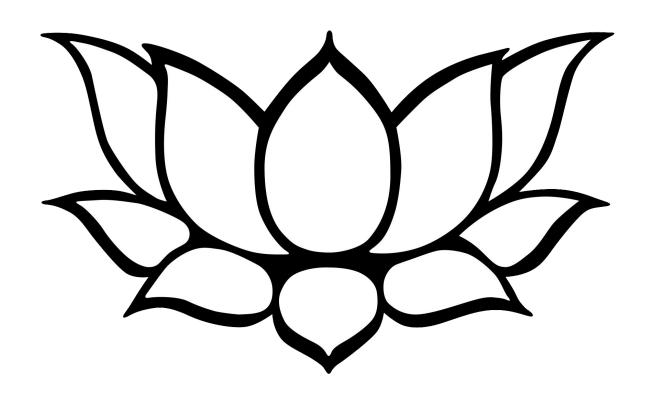
Cultural Resilience Program Director, National Initiatives



**Nella Young** 

Senior Program
Director, National
Initiatives

# Land Acknowledgement



"Not everything that is faced can be changed. But nothing can be changed until it is faced."

-James Baldwin

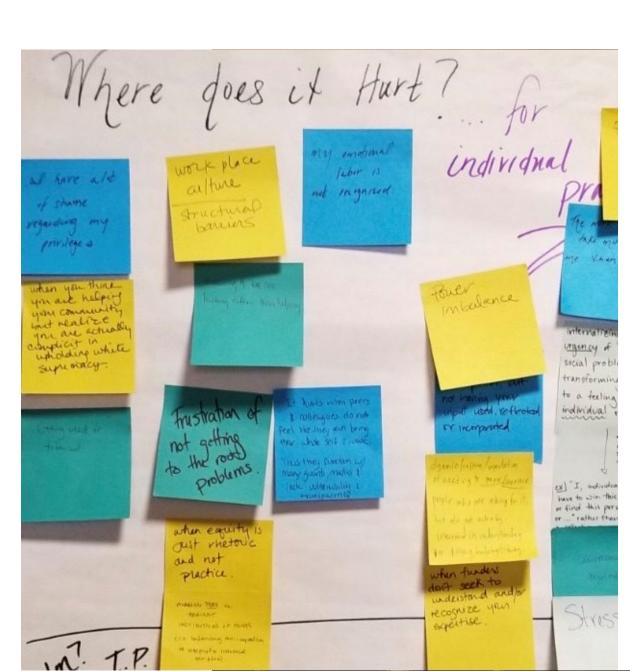
# **Our Healing Story**







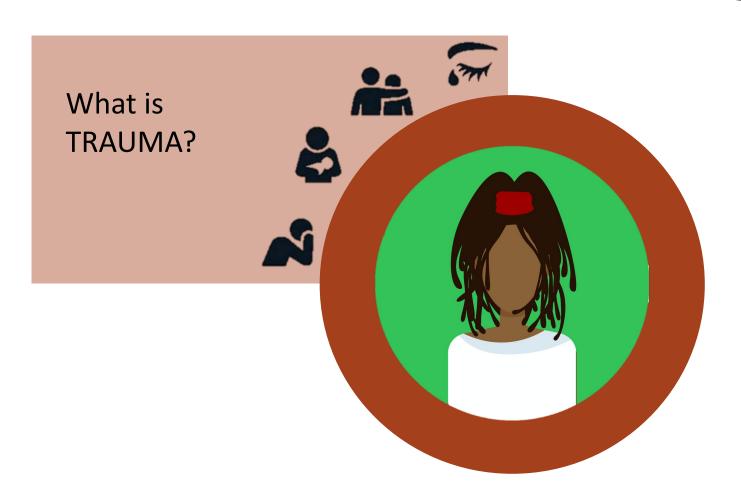


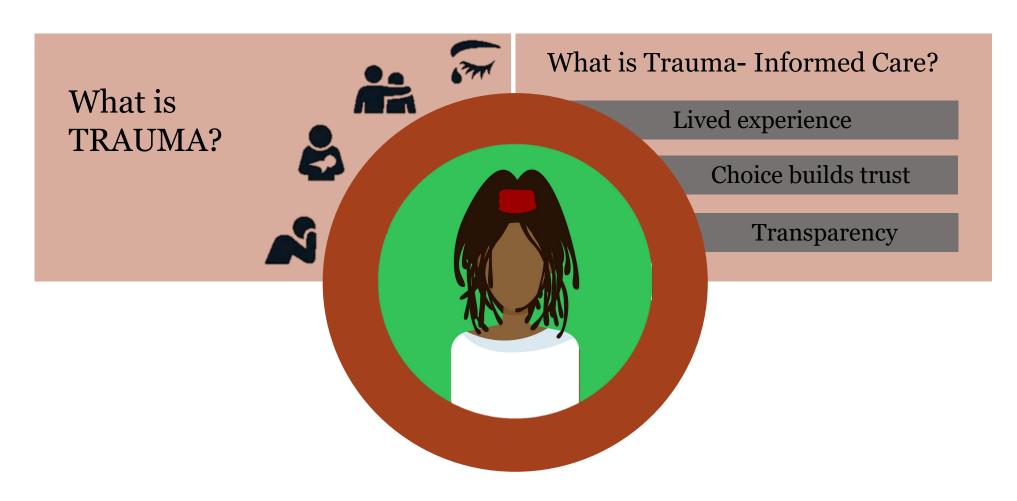


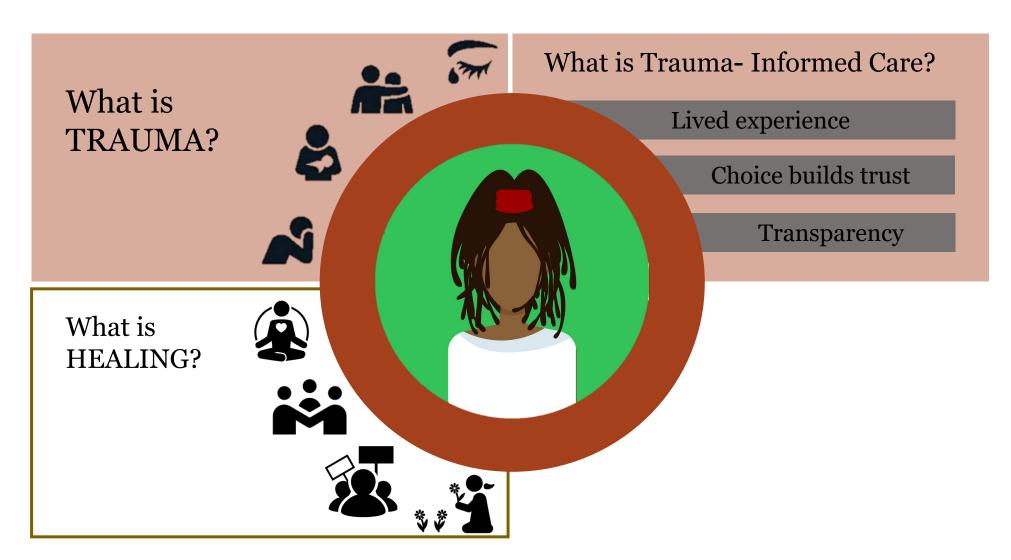


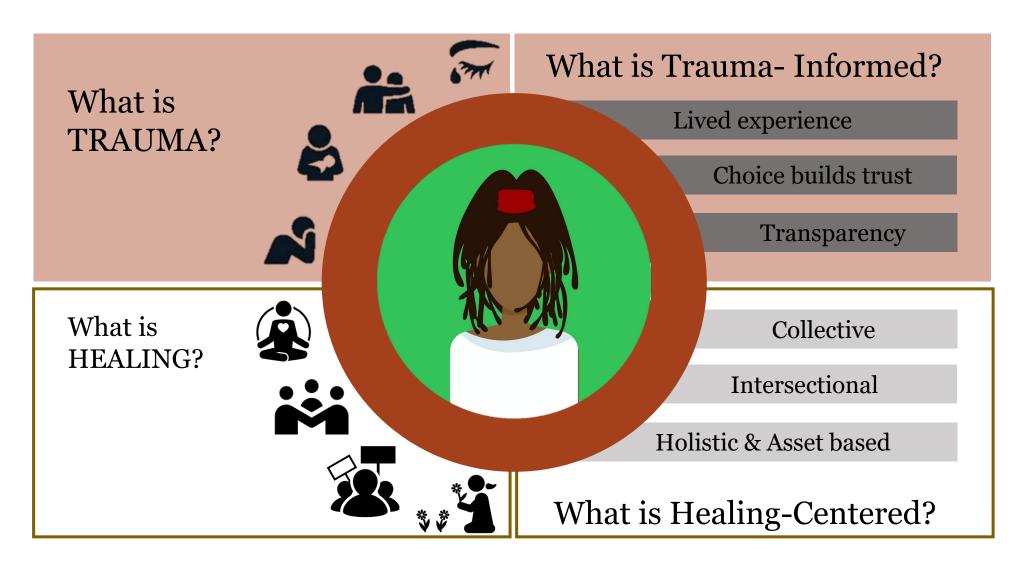
"If you are neutral in situations of injustice, you have chosen the side of the oppressor."

-Desmond Tutu

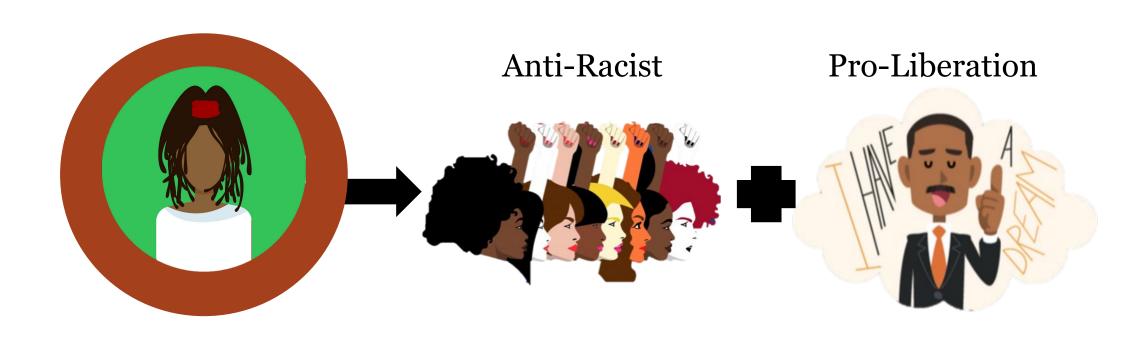








# **Healing Centered Supporters**







"I think it is healing behavior, to look at something so broken and see the possibility and wholeness in it."

-Adrienne Maree Brown

# Healing Centered Community Development Framework

### **Principles**

- What we protect: Holistic wellbeing is a universal right
- What we value: Cultural assets are the foundation for our resilience
- How we do our work: We prioritize process, facilitate trustbuilding, and center blackness in how we work
- How we measure our work: Better relationship with self, land, and community are the outcomes that we seek
- And what our end goal is: Healing and Liberation are the goals toward which we aim

# Healing Centered Community Development Framework

### **Strategies**

- Reflect: Build self-awareness and acknowledge injustice
- Involve: Assess and honor inherent strengths
- Restore: Create spaces for healing
- Invest: Build community power
- Reimagine: Get creative, advance liberation

# **Experiential Model for Outcomes and Impact**

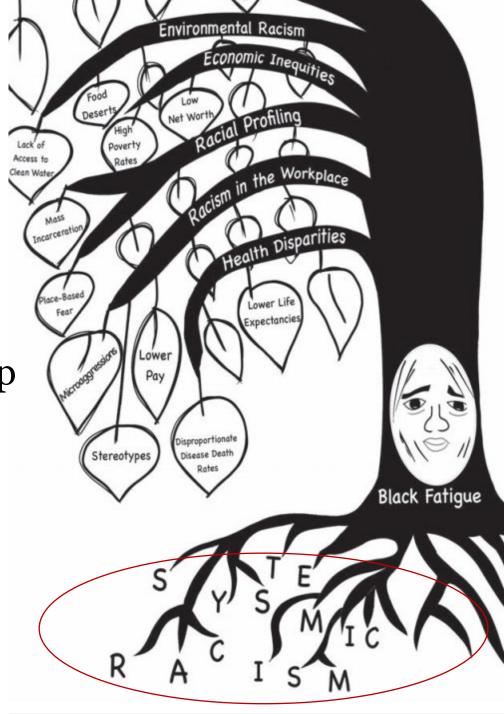
Principles	protect	What we value  How have we valued cultural assets?	How we do our work  How have we prioritized process, facilitated trustbuilding and centered blackness?	How measure our work  How have we improved relationship with self, land, and community?	What is our end goal  How is healing and liberation included in our end goal?
What Outcomes Feel Like		More decisions that align with & advance community priorities	Deeper trust between residents and community development organizations	Deeper understanding your own journey of healing and how it impacts who you work with and the land	More space for healing in each stage of internal and external processes
What Impact Feels Like	0,	Affirmation, Ease, Comfort, Familiarity, Power shifting	Agency, Self-love, Trust, Community Connection	Interdependence, Value Shifting, Repairing Harm	Liberation, Healing

"We need the harm to stop in our communities. We need the damage to be repaired. We need to be able to have the opportunity to have a life of dignity, and the possibility to thrive. "

-Opal Tometi

# Our Philosophy of Impact

We work with organizations to sow the seeds for the organizations' practitioners to be in better relationship with themselves and each other eventually leading to better outcomes and healing relationships with residents.



## How We Can Build Together

**BOLSTER** 

**TEAM CAPACITY** 



**BUILD** 

NATIONAL NETWORK

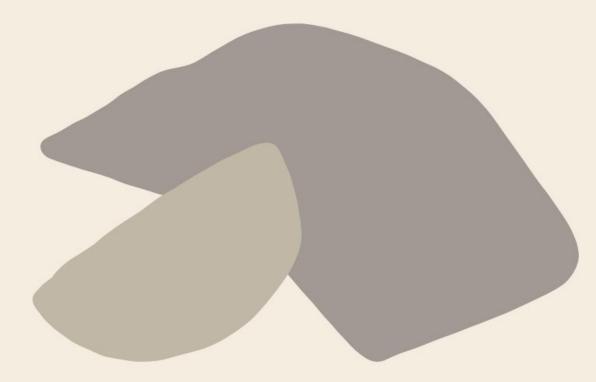


ORGANIZATIONAL CULTURE

**SHIFT** 

"This work is race explicit, not race exclusive."

-Alicia Garza



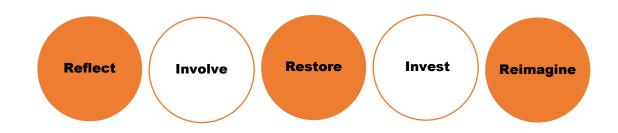
How might this project <u>promote healing</u> and reflect a definition of health that is inclusive of cultural identity, social determinants of health, and mental and physical wellbeing?

How might this project <u>celebrate community strengths</u> and assets, strengthen relationships and connections, and mitigate displacement and loss of diversity and culture?

How might this project <u>prioritize people</u> as much as buildings?

How might this project <u>promote healing</u> and reflect a definition of health that is inclusive of cultural identity, social determinants of health, and mental and physical wellbeing?

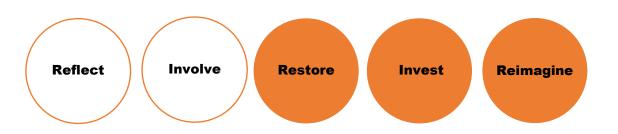
Create opportunities for residents to drive the <u>narrative</u> about their community and express cultural pride and shared history



Integrate arts/culture-based <u>processes</u> with an intentional effort to reclaim spaces and meanings



Promote <u>spaces</u> of safety and belonging for residents



How might this project <u>celebrate community strengths</u> and assets, <u>strengthen</u> <u>relationships</u> and connections, and <u>mitigate displacement</u> and loss of diversity and culture?

Pay attention to sites, practices, or materials of cultural significance, honoring <u>assets</u>, acknowledging harm, and promoting consciousness

Reflect Involve Restore Invest Reimagine

Emphasize <u>connections</u> with surrounding community services and organizations

Reflect Involve Restore Invest Reimagine

Articulate ways to increase <u>social cohesion</u> between individuals, groups, and institutions



#### How might this project <u>prioritize people</u> as much as buildings?

Support residents as leaders in the process

Optimize or re-adjust for ways this project could positively or negatively impact residents

<u>Identify</u> local needs that could be more specifically addressed throughout the project / process

<u>Specify</u> ways that planning, design, and development processes can be more culturally rooted

<u>Co-create</u> education, outreach, and implementation plans with residents



#### **TOOLS: CULTURAL ASSETS GUIDE**

Create opportunities for residents to drive the narrative about their community and express cultural pride and shared history Reflect Involve Restore Invest Reimagine

Pay attention to sites, practices, or materials of cultural significance, honoring assets, acknowledging harm, and promoting consciousness Reflect Involve Restore Invest Reimagine

Identify local needs that could be more specifically addressed throughout the project / process



#### **TOOLS: CULTURAL ADVISORY GROUP**

Specify ways that the planning, design, and development process can be more culturally rooted



Find opportunities to support residents as leaders in the process



Co-create education, outreach, and implementation plans with residents



## **Our Offerings**

#### **Our Tools**

- Healing-Centered Framework: Principles, Strategies & Practices
- Healing-Centered Project Screen
- Cultural Assets Guide (EGC Criterion 1.7)
- Cultural Advisory Group Guide (EGC Criterion 1.7)
- Healing Centered Inventory (forthcoming, 2021)

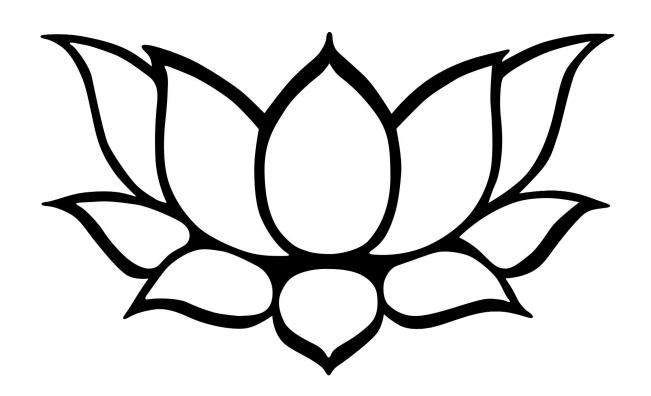
### **Capacity Building**

- Facilitating workshops for cohorts of practitioners and organizations
- Engaging in consulting partnerships with organizations
- Designing and hosting retreats and spaces for healing
- Convening & building communities of practice and national networks

"To bring about change, you must not be afraid to take the first step. We will fail when we fail to try."

-Rosa Parks

## **Our Collective Breath**





CCHS Agency and Resident Services Program Presentation

Bryan Ketcham, CCHS Director Sandra Aguilar-MA CCHS Resident Services Program Manager

## **Our Mission**

Motivated by Christ's love, we bring hope to life especially for those most in need

## **Our Vision**

#### We envision communities where

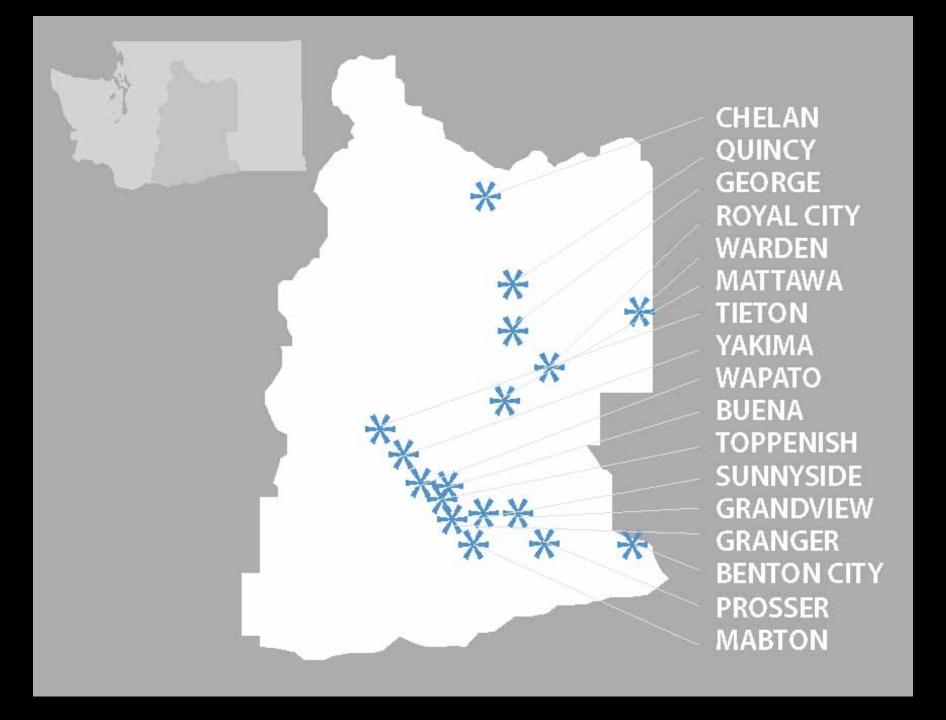
- people are treated with dignity and respect
- their basic needs are met
- families are empowered to enhance the quality of their own lives and learn to contribute in diverse and positive ways to the communities in which they live

## Who we serve?

- Agricultural/Farmworkers, low income workers, veterans, special needs, seniors/elderly, homeless and disabled.
- Very low-income households (50% AMI or ~\$24,500 for a family of 4)
- Over 80 percent of our rental housing portfolio and 40 percent of our single family program serves agricultural/farmworker households

## Our Programs

- Multi-family Housing
- Single Family Housing
- Housing Counseling:
  - Pre-PurchaseCounseling
- Asset Management
- Resident Services



#### **Resident Services Program – Areas of Focus**

Empowering Individuals, Strengthening Families, Transforming Communities

Crime Prevention	Education	Health	Community Engagement	Economic Opportunities
Block Watch & Night Out Participation	ESL Classes	Health Fairs	Political Advocacy	Building Financial Independence: Adult Financial Education
Police Presentations	Computer Classes	Health Workshops	Community Social Events	EITC Volunteer Training and Provision
Gang Awareness and Prevention trainings	College Access Outreach	Nutrition Classes	Winter Adopt- a-Family Program	Starting Savings Early- Youth Financial Education
Bullying Presentions/A wareness	Children's Activities (after school, Creative Kids)	Pesticide Trainings	Winter Resource Dispersal	Employment Skills Training
Domestic Violence Services - Women's rights	Workers' RIghts Presentations	Exercise Classes		

#### Early Education

 Creative Kids Program (play and learnhome visits –modified, virtual play groups texting outreach).

# Elementary and Middle School Education

- Afterschool Activities and Learning Hour
- College Access

# High School Education

- College Access
- Volunteer Opportunities

#### **Adult Education**

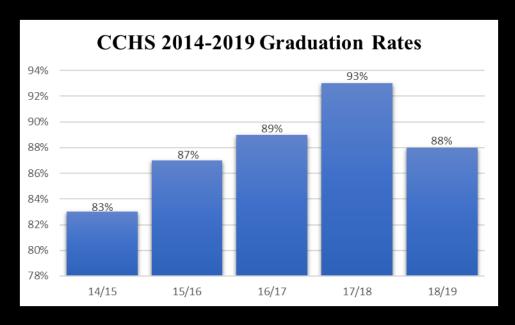
- English Classes
- Computer Classes
- Workers' Rights Presentation

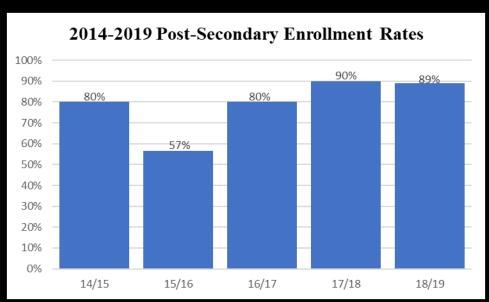
#### Most Recent Education Area of Focus

2019/2020 High School Graduation Rates 91.5%

2019/2020 Post Secondary Enrollment Rates 64% (pandemic impact on PSE)

#### 2014/2019

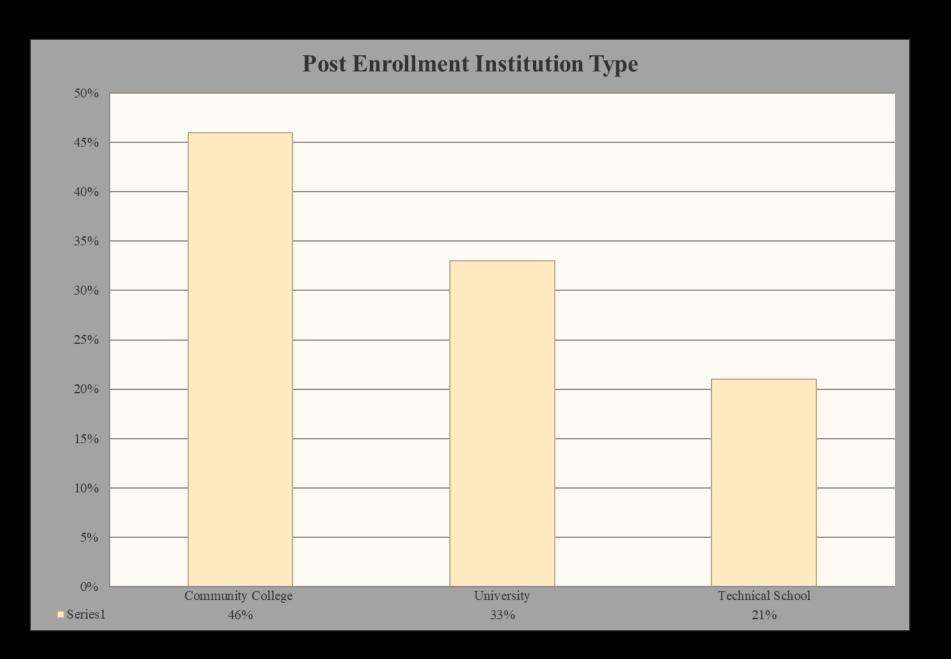




\*Participation in CCHS' College Access
Program may have included field trips, oneto-one mentoring, scholarship application
assistance, FAFSA/WASFA assistance, group
mentoring, referrals to local college and
university recruiters/advisors, meetings with
parents, College Bound Scholarship sign-up,
career exploration activities, financial
literacy classes, etc.

\*CCHS has an 88% of earned High School and Equivalency Diploma/GED Higher than state average(0ver 5 years data comparison). Overall State average was 80.9%. 75.7% were Latinx and 72.2 Low income.

\*CCHS has 79.2% PSE rates (0ver 5 years data comparison). State average 63.3%. Latinx students 54.7% (over a 3 year comparison).



Governor Inslee meets CCHS High School Senior during Life and Legacy event of Cesar Chavez. A College graduate and now a member of CCHS Board of Directors.



# CCHS Youth Participating at CAMP DUDLEY



#### Blessed Kateri Village-Wapato resident receiving a Yakima Youth Award



# Saint Martin University-CCHS Youth Tour



# Thank you for this opportunity.

#### Contact information:

Bryan Ketcham, CCHS Director bketcham@catholiccharitiescw.org

Sandra Aguilar, Resident Services Program Manager saguilar@catholiccharitiescw.org

Catholic Charities Housing Services 5301 Tieton Drive, Ste. G Yakima, WA 98908 509.853.2800



# FARMWORKER HOUSING DEVELOPMENT CORPORATION

Anabel Hernandez-Mejia

&

Florinda Herrera

Resident Leadership Coordinator

**Resident Service Coordinator** 





What is the Promotoras Program?



#### Help us:

# help you, your family, your neighbor, & your community



#### **An Extension of Resident Services**



#### **Capacity Building**

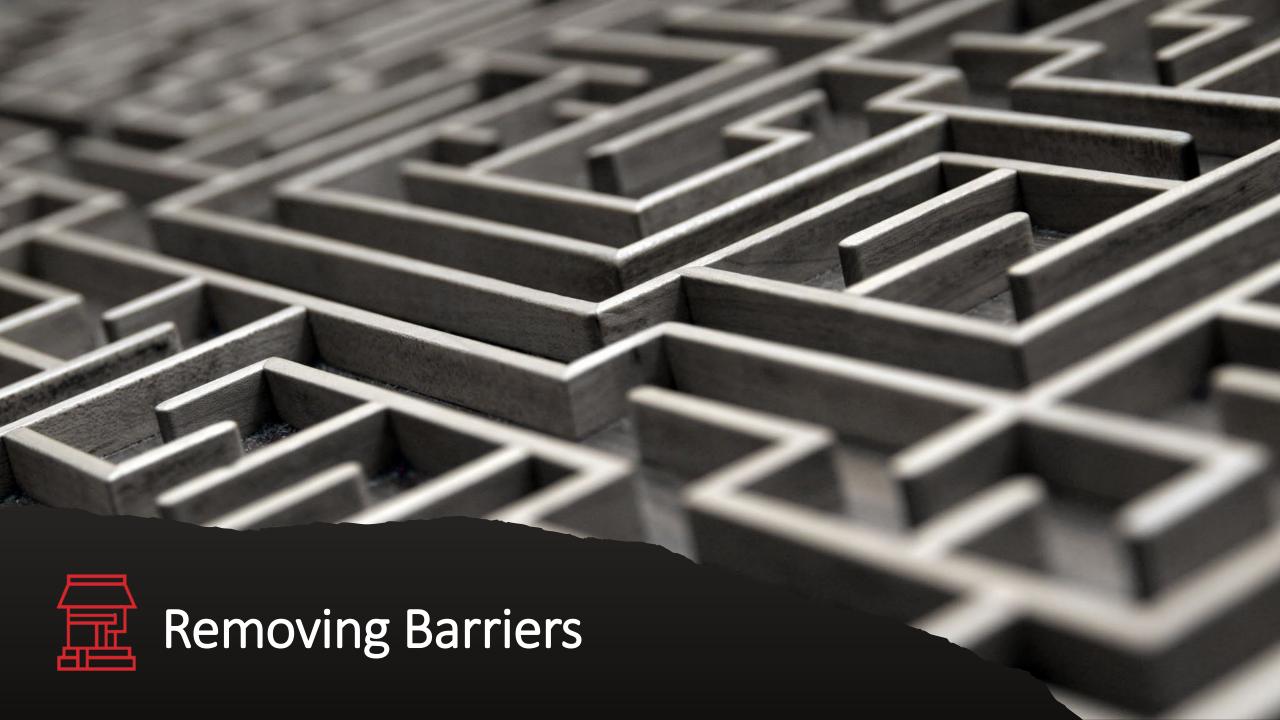






- Who Keep open-mind to varying backgrounds
- What How is it presented?
- Where Is it accessible?
- When Is it doable?
- Why What does it help with?

Are you creating barriers or removing them with each question?





# Curriculum: What are the needs?

#### **Practice & Doing**



Resume Building



One-on-One



Mock Interviews



**Public Speaking** 



Community Organizing



Relationship Building



**Building their Story** 



Advocacy

Importance of RS
Through the Promotores Program

**Programs & Retention** 



### FLORINDA'S TESTIMONY:

From Resident to Staff







# FAR GREATER TOGETHER