Carmen Landa Middleton wore several different hats during her 33-year career at the Central Intelligence Agency (CIA) – including as deputy executive director, a member of the Agency's executive leadership team and the #4 position, the director of CIA's Open Source Center, and the CIA's chief diversity officer. At the time of her retirement, Carmen was the highest-ranking Latina in the Intelligence Community. In 2017, Carmen founded Common Table Consulting, LLC, working with companies and organizations to strengthen their competency in leading and engaging with diverse organizations. In March 2020, Carmen began a new role with The Walt Disney Company as the director of Strategic Security Operations.

Carmen has been recognized for her excellence in public service, coupled with her commitment to equity, diversity and inclusion. She is a recipient of the Working Mother Media National Security Annual Legacy Award, the Meritorious Presidential Rank Award, National Intelligence Superior Service Medal, and the CIA Director's Award. She is a member of several advisory and directors' boards, including the National Academies of Sciences, Engineering, and Medicine Intelligence Community Studies Board.